

Relationships and Sex Education

Ashby Hill Top Primary School

Parent Forum Meeting Wednesday 15th January 2020



Aims

- Explain the changes to requirements for RSE coming in from September 2020
- Explain how we currently teach RSE, and why we are making changes
- Get your views on what you think our RSE curriculum should cover

What are the new RSE requirements?

- We **must** provide the following to all pupils:
 - Relationships education
 - Health education
- We are not required to provide sex education

How do we currently teach RSE at Donisthorpe?

- Through PHSE and Science
- In Year 6 during the summer term children are taught about changes during puberty

Why change?

- Today's children are growing up in an increasingly complex world and living their lives seamlessly on and offline- they are much more aware
- Children are developing earlier and need to be prepared- important role for schools/parents

Proposed RSE progression

- RSE to still be taught during PSHE sessions through out the year
- Specific learning to include:

During EYFS children will be taught:

Making relationships

To play cooperatively, taking turns with others.

They take account of one another's ideas about how to organise their activity.

They show sensitivity to others' needs and feelings, and form positive relationships with adults and other children.

Introducing the body and looking after it.

The concept of male and female and differences – using humans and animals.

The importance of basic hygiene.

Proposed RSE progression

- RSE to still be taught during PSHE sessions through out the year
- Specific learning to include:

During Year 1 and 2 children will be taught:

- To understand and respect the differences and similarities between people
- About the biological differences between male and female animals and their role in the life cycle
- About growing from young to old and that they are growing and changing
- About different types of family and how their home-life is special

Year 2 only

- The biological differences between male and female children- including names for male/female sex parts

Proposed RSE progression

- Specific learning to include:

During Year 3 and 4 children will be taught:

- Learn about the way we grow and change throughout the human lifecycle
- The biological differences between male and female children
- About different types of family and how their home-life is special
- That everybody needs to be cared for and ways in which they care for others

Year 4 only

- Learn about the impact of puberty in physical hygiene and strategies for managing this
- How puberty affects emotions and behaviour and strategies for dealing with the changes associated with puberty

Proposed RSE progression

- Specific learning to include:

During Year 5 and 6 children will be taught:

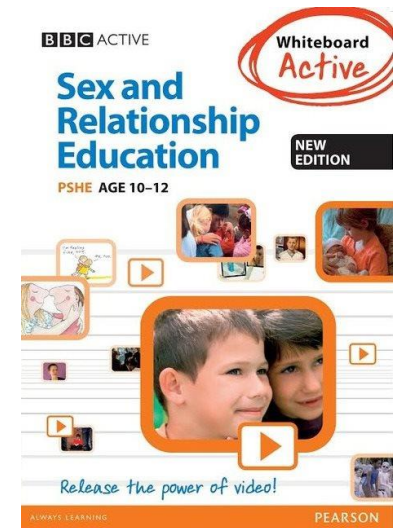
- Learn about the changes that occur during puberty
- Understand how changes during puberty can affect relationships with other people
- strategies to deal with feelings in the context of relationships
- To consider different attitudes and values around gender stereotyping and consider their origin and impact
- What values are important to them in relationships and to appreciate the importance of friendship in intimate relationships
- Learn about human reproduction in the context of the human lifecycle and pregnancy

Year 6 only

- To answer each other's questions about sex and relationships with confidence, where to find support and advice when they need it

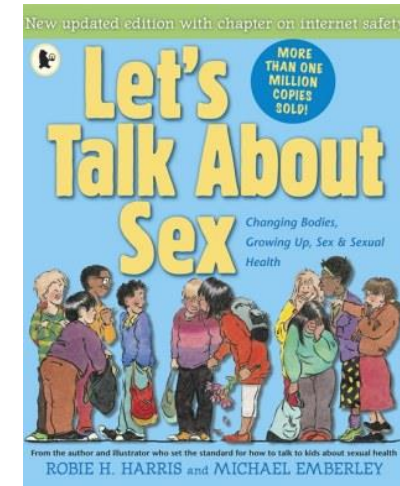
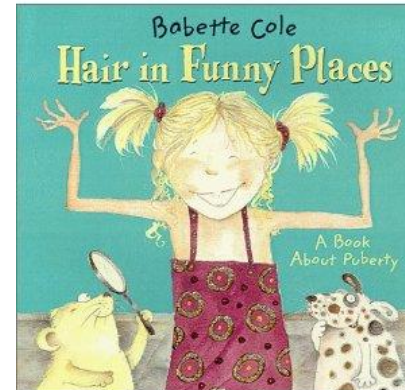
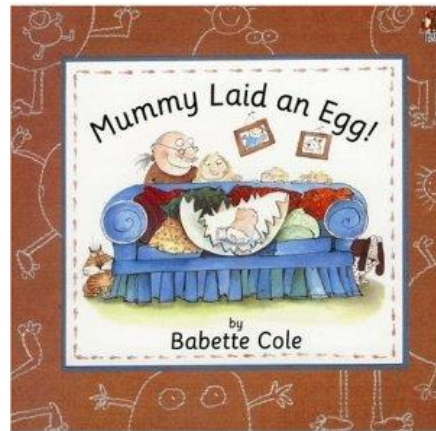
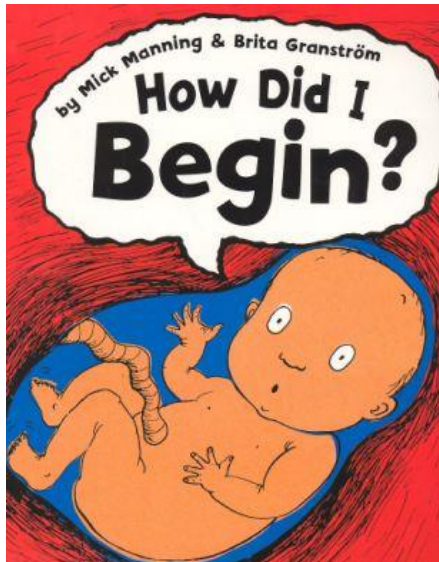
Materials used:

- Growing Up/Sex Education DVD – BBC resource, including lesson plans.
- NSPCC resources – PANTS
- School nursing resources
- Expect Respect education toolkit – Women’s aid
- Betty for schools – encouraging open and honest talk about periods



Other materials used:

- Staff will answer questions with sensitivity and care
- Signpost materials for parents to use at home



Finally...

- Is there anything we're not covering that you think we need to address?
- Is there something we could cover more/less?
- What do you think about the way we currently deliver RSE to pupils?
- As a parent, do you feel like you need more information or guidance on specific topics?

Any other comments?

Next steps...

- Draft policy will come out to parents
- Once approved, changes will be implemented in 2020 (Changes in Year 5/6 will be implemented this academic year)

Questions?